

# *facts about...*

## ***Laboratory - 24 Hour Urine Collection #4***

- Description:*** Your doctor has requested that a 24 hour specimen of your urine be tested in the laboratory.  
**This bottle contains five grams of Sodium Carbonate. Keep bottle cold and capped during collection.**
- What to expect:*** You will be given a urine collection bottle (provided by the laboratory) to bring home with you to collect your 24 hour urine specimen and will be asked to follow the collection instructions.
- What to do:*** Collection Instructions:
1. Do not discard the preservative from the bottle.
  2. At the starting time void and DISCARD this urine. Label the bottle with your full name, date of birth and note the start date and time on bottle in the appropriate space.
  3. Collect all urine for 24 hours, INCLUDING last urine exactly 24 hours after noted start time. Note finish date and time on the bottle label in the appropriate space.
  4. Please keep urine cold and capped during collection and until delivery to the laboratory.
  5. Transport to the hospital laboratory as soon as possible (within 24 hours).
- Where to go:*** Central Registration at Evanston, Glenbrook, Highland Park or Skokie Hospitals or a Patient Service Center. Bring your specimen and additionally, you will be asked to provide a physician order if not already in the electronic health record and billing/insurance information.
- Who to call if you have questions:*** If you have questions or would like additional information, ***if you have*** please call NorthShore Lab Services (NSLS) at (847) 663-2100.